

LOUISIANA DEPARTMENT OF EDUCATION

HIV/AIDS PREVENTION EDUCATION Program

The Louisiana Department of Education HIV/AIDS Prevention Education Program is funded through a Cooperative Agreement with the Centers for Disease Control and Prevention (CDC). The program is designed to assist state and local education agencies in establishing and strengthening programs to prevent risk-behaviors among adolescents that may result in infection with the human immunodeficiency virus (HIV), other sexually transmitted diseases (STDs) and unintended pregnancy.

The focus of the various strategies implemented by the program is to encourage young people to abstain from sexual intercourse, to not inject drugs and to make informed decisions about whether to become sexually active.

The HIV/AIDS Prevention Education program provides training on various skills-based/research supported curricula in addition to other specialized intensive workshops for educators who deliver HIV/AIDS prevention education and other health related courses. The primary goal is to improve instructional practices of classroom teachers and other educators and provide them with the knowledge and skills they need to implement the curriculum effectively.

The program maintains a professional Cadre of Trainers who provide cost free workshops and trainings in all eight regions of the state. In addition, the HIV/AIDS Prevention Education program provides training through two Summer Institutes in conjunction with the **Excellence in Health Project at Southeastern Louisiana University** and the **Community Wellness Project at Northwestern State University**.

Please contact us if you would like more information on our HIV/AIDS Prevention Education program and training.

LOUISIANA STATE DEPARTMENT OF EDUCATION HIV/AIDS EDUCATION PROGRAM

Office of School and Community Support

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Baton Rouge, LA 70804-9064

Phone: (225) 342- 9215

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HIV/AIDS CURRICULA

The Louisiana Department of Education's Cadre of Trainers provides training for school personnel and community-based organization staff in scientifically based, proven effective curricula. Training sessions are offered upon request and/or during Fall or Summer Institutes held in conjunction with Southeastern Louisiana University and Northwestern State University.

BE PROUD! BE RESPONSIBLE!

Strategies to Empower Youth to Reduce their Risk for AIDS

This HIV/AIDS prevention curriculum is designed for youth, grades 9-12, in high-risk situations. It uses a series of interactive learning experiences designed to increase participation and enhance learning. The program is designed to teach young people to take pride in and responsibility for choosing responsible sexual behaviors. Skills to reduce risk behaviors and self-efficacy and self-confidence are emphasized.

BECOMING A RESPONSIBLE TEEN (BART)

An HIV Risk Reduction Program for Adolescents

This interactive HIV curriculum is designed for youth, grades 9-12, in high-risk situations and is used in after-school programming. It is designed to give teens the assertive communication and refusal skills needed to delay sexual involvement and reduce their exposure to HIV/STD infection and unintended pregnancies. BART utilizes interactive group discussions and frequent role-plays that have been created by teens to prevent HIV infection.

FOCUS ON KIDS

Adolescent HIV Risk Prevention

Focus on Kids is designed for adolescents ages 9-15 in community based settings. It is designed to give urban youth the decision-making, communication, refusal, and advocacy skills they need to protect themselves from HIV and other STDs. Focus on Kids utilizes "friendship groups" to strengthen peer support.

GET REAL ABOUT AIDS

Get Real About AIDS provides fourteen HIV/AIDS prevention lessons for grades 9-12. This curriculum includes a variety of teaching strategies that emphasize abstinence and prevention of HIV/AIDS and other sexually transmitted diseases.

PERSONAL AND SOCIAL SKILLS (PSS)

PSS teaches four generic skills – decision making, communication, stress management, and goal setting – that can be integrated across all health content areas in grades 9-12. This generic-skills approach can be used as a separate curriculum unit or as part of an existing prevention or health education program.

POWER MOVES

A Situational Approach to HIV Prevention for High Risk Youth

Power Moves is designed for high-risk youth. The goal of this curriculum is to decrease the percentage of youth currently engaging in sexual and drug use behaviors that place

them at risk for HIV infection. The lessons involve participants in program activities that foster pro-social skill development.

REDUCING THE RISK

Building Skills to Prevent Pregnancy, STD and HIV

Reducing the Risk is designed for grades 9-12, however, it has been successful in middle schools, as well. This skills-based curriculum emphasizes that abstaining from sexual intercourse is the safest alternative for young people. Refusing unprotected sexual intercourse is also discussed as the only responsible alternative for young people who choose to be sexually active.

MAKING A DIFFERENCE!

Making A Difference is an eight-module curriculum designed to empower adolescents to change their behavior in ways that will reduce their risk of becoming infected with HIV, other STDs, and of becoming involved in unintended pregnancies. Specifically, this curriculum suggests that adolescents should postpone sexual activity and emphasizes that practicing abstinence is the only way to completely eliminate their risk for STDs, HIV, and pregnancy.

MAKING PROUD CHOICES!

Making Proud Choices an eight-module curriculum that provides young adolescents with the knowledge, confidence, and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV, and pregnancy by abstaining from sex or using condoms if they choose to have sex. The curriculum targets adolescents ages 11-13 who attend middle schools and youth-serving community-based programs. This curriculum was designed for small groups in schools or community settings.

OTHER PROGRAMS AND TRAINING SESSIONS

Universal Precautions

The Universal Precautions training is designed to provide practical guidelines for reducing the risk of communicable diseases in a school setting. The training provides a general overview of some common school situations where the transfer of diseases may occur and provide techniques for handling the situation. Non-medical terminology is utilized throughout the training to describe the guidelines and procedures.

Policy Development

The Policy Development workshops assist local school systems in developing HIV/AIDS and communicable disease control policies, reviewing existing policies (to ensure consistency with state and federal laws and guidelines); and with ensuring that local policies provide equal protection for both school systems and HIV infected students and staff.

The American Red Cross (ARC) HIV/AIDS Programs

The Louisiana Department of Education staff and Cadre of Trainers work in conjunction with the local chapters of the American Red Cross to educate people on ways to prevent the transmission of HIV, to encourage people to respond in informed ways to people who have HIV, and to help people apply the facts about HIV to their own behavior.

These goals are accomplished through training sessions using the following ARC educational programs.

- **Basic HIV/AIDS Program: Fundamentals**
- **Basic HIV/AIDS Program: Prevention Skills**
- **HIV/AIDS Starter Facts**
- **HIV/AIDS Facts Practice**
- **Workplace HIV/AIDS Program**

Culturally Specific HIV/AIDS Programs (American Red Cross)

- **The New African American HIV/AIDS Education and Prevention Course**
- **The Talking Drums (Dono Ntoaso)**

These courses are designed to train instructors to deliver culturally sensitive and culturally specific HIV education and prevention. Instructors learn how to facilitate community sessions using a series of activities including role plays, brainstorming, practice and demonstrations. The sessions help participants build critical skills towards preventing the spread of HIV. These skills include decision-making, problem solving, negotiation and refusal.

The Cadre of Trainers

The Department of Education's HIV/AIDS Program provides a Cadre of Trainers (specially trained Louisiana educators and community-based organization affiliates) to conduct HIV/AIDS workshops and trainings in all eight regions of the state. The Cadre is responsible for providing high quality, research supported education and information for teachers and community based organizations. To help local school systems, cadre members can provide training on:

- HIV/AIDS and disease transmission and prevention
- State and local policy regarding HIV/AIDS education in the classroom
- In-depth training in the various skills-based/research supported curricula
- Other skills-based curricula

For information about training sessions and workshops contact

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RESOURCES

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Permitted Courses of Study Instruction in Sex Education

[Louisiana State Sex Education Law](#)

Summer Institutes

Southeastern Louisiana University

<http://www.selu.edu/Grants/EHEP/>

Dr. Wynn Gillan
Excellence in Health and Education Project (EHEP)
500 Western Avenue
Campbell Hall, Room 120
Hammond, LA 70402
Phone: (985) 549-5200 ? Fax: (985) 549-3621
E-mail: ehep@selu.edu

Northwestern State University Community Wellness Project

www.nsula.edu

Dr. Patrice Moulton
Northwestern State University
Natchitoches, LA 71497
Phone: (318) 357-5875 ? Fax: (318) 357-5299
E-mail: moultonp@nsu.la.edu

Louisiana Statewide HIV/AIDS Hotline

<http://oph.dhh.state.la.us/hivaids/prevention/page5c43.html?page=17>

800-992-4379 Statewide

504-821-6050 New Orleans
877-566-9448 Hearing Impaired

CDC National AIDS Hot Lines

800-342-AIDS (2437) English
800-344-7432 (AIDS/STDs) Spanish
800-243-7889 TTY/Hearing Impaired

<http://www.cdc.gov/hiv/wwwlinks.htm>

American Red Cross Chapter

Office of HIV/AIDS Education
800-375-2040

Check your local telephone listings for a local number.

<http://www.redcross.org/>

Youth Risk Behavior Survey (YRBS)

<http://www.cdc.gov/nccdphp/dash/yrbs/index.htm>

Division of Adolescent School Health (DASH)

<http://www.cdc.gov/nccdphp/dash/>

National Association of State Boards of Education

http://www.nasbe.org/HealthySchools/recources_links/Prevention.html

National Education Association Health Information Network

<http://www.neahin.org/>