

EXERCISE 1

DIRECTIONS: Circle the word or phrase the teacher says.

- | | | | |
|-----|---------------|--------------|------------------|
| 1. | read | baked | beaten |
| 2. | cakes | cooking | candy |
| 3. | cookies | cooked | cooking |
| 4. | degree | doneness | directions |
| 5. | estimate | flavor | eggs |
| 6. | freezer | fruits | food |
| 7. | ingredients | label | measure |
| 8. | nuts | onions | milk |
| 9. | gallon | pint | quart |
| 10. | lb. | oz. | C |
| 11. | preheat | preparation | prep |
| 12. | recipes | salt | refrigerator |
| 13. | shelf | servings | soup |
| 14. | staples | salt | shelf |
| 15. | thermostat | temperature | oven thermometer |
| 16. | time | title | taste |
| 17. | utensils | water | vegetables |
| 18. | chopped | beaten | cooked |
| 19. | measuring cup | one-half cup | one-fourth cup |
| 20. | gallon | flavor | taste |

TEACHER DIRECTIONS for EXERCISE 1

Say the following aloud. Say, "Circle only the word you hear. I will repeat the word two times." Choose and say a word from each row. This exercise may be repeated using different words each time.

This activity was developed through a USDA Team Nutrition Training Grant for the Louisiana Department of Education Division of Nutrition Assistance by Rhonda H. Atkinson.

EXERCISE 2

DIRECTIONS: Listen to the sentences as the teacher dictates them. Unscramble the words to make each sentence correct. Don't forget to begin a sentence with a capital letter and end the sentence with a period. Allow ample time to rewrite.

1. similar in some ways recipes are

2. measurements of an ingredient indicate exactly how much is needed

3. that describe an ingredient also of words affects the order preparation

4. one one cup cup nuts nuts chopped chopped is not the same as

5. in different time different things recipes means

6. is the amount cooking time of time needed in the or on oven the stovetop

7. thermostat is the oven's used the temperature to set

8. accurate key to a successful dish measurements are the

9. liquids should measured at eye level be

10. is not the same as reading reading a recipe other materials

EXERCISE 3

DIRECTIONS: Listen to the sentences. The teacher will say each sentence three times. When the teacher says the sentence the first time, do not write, just listen. When the teacher says it the second time, try to write as much of it as you can. By the time the teacher says it a third time, you should have written the complete sentence.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

TEACHER DIRECTIONS for EXERCISES 2 and 3

The following sentences should be read aloud by the teacher for exercises 2 and 3. Lower level learners can use the unscrambled form. More advanced students can take dictation. Read each sentence 3 times.

KEY

1. Recipes are similar in some ways.
2. Measurements indicate exactly how much of an ingredient is needed.
3. The order of words that describe an ingredient also affects preparation.
4. One cup nuts, chopped, is not the same as one cup chopped nuts.
5. Time means different things in different recipes.
6. Cooking time is the amount of time needed in the oven or on the stovetop.
7. The oven's thermostat is used to set the temperature.
8. Accurate measurements are the key to a successful dish.
9. Liquids should be measured at eye level.
10. Reading a recipe is not the same as reading other materials.

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