

PREPARING HEALTHFUL SNACKS FOR CHILDREN

Anna	apples	bananas	bell peppers
berries	Bill, Bill's	bread	cakes
carbohydrates	carbonated soft drinks	carrot(s)	celery
concession stands	cookie(s)	Cooperative Extension Service Office	cottage cheese
cracker(s)	cucumber	dessert	dietary fiber
dinner	energy	fast-food	fat(s)
food(s)	food group	fresh	frozen
fruit(s)	grapes	habits	health, healthier, healthful, healthy
hot dogs	ice cream	in season	ingredients
juice(s), juicy	low-fat	lunch	meals
milk	minerals	Ms. Lara	MyPyramid
nutrients, nutrition, nutritious	nutrition facts panel	nuts	obesity
oils	overeating	packaged	peanut butter
peel	physically active	popcorn	pops
portions	potato chips	preparing	proteins
raisins	raw	recipes	restaurants
rice cakes	salad	salt	sandwich(es)
smoothies	snack(s), snacking	sodium	squash
stomachs	sugar	sweets	texture
Tim, Tim's	tomatoes	vegetable(s)	vitamins
water	weigh	yogurt	

TEACHER DIRECTIONS for TERMS WORD BANK

The terms word bank lists the words that are found in the glossary. The teacher can use the word bank as an informal assessment of a student's ability to read or understand the vocabulary of the unit. The word bank is used for some of the exercises. It can also be used for review and reinforcement of vocabulary.

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